



grains&more

<i>Item</i>	<i>Price</i>	<i>Item</i>	<i>Price</i>
Barley, hulled	\$2.00/lb	Seven Grain Mix	\$2.20/lb
Basic Bread Mix – Hard White, Hard Red, Spelt	\$2.00/lb	Spelt	\$1.50/lb
Basic Baking Mix – Hard White, Soft White, Spelt	\$2.00/lb	Spelt, Organic	\$2.45/lb
		Sweetener – Sucanat	\$2.75/lb
Beans, Soy	\$1.70/lb	Sweetener – Organic Cane Juice Crystals	\$2.25/lb
		Sweetener – Organic Agave 23 oz	\$5.45 ea
Buckwheat	\$1.50/lb	Sweetener – Organic Maple Syrup	\$5.50 ea
Corn, yellow dent	\$1.50/lb	Wheat, Hard Red	\$1.25/lb
Corn, yellow dent organic	\$2.37/lb	Wheat, Hard White	\$1.25/lb
Ezekiel Bread Mix – Hard Red, Barley, Millet, Spelt, four beans	\$2.60/lb	Wheat, Hard White Organic	\$2.15/lb
		Wheat, Soft White	\$1.25/lb
Flax Seed	\$2.50/lb	½ Gallon Jar	\$5.00 ea
Millet	\$3.00/lb	1 Gallon Jar	\$8.00 ea
Oat Groats	\$1.75/lb	Gamma Lids	\$8.00 ea
Rye	\$1.75/lb		

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